



*Ciao! I'm Silvia,*

*I'm from Palermo and since childhood I've always been fascinated by my grandmother and my mother when they were cooking traditional Sicilian dishes, a very rich and varied cuisine thanks to the influence of the different cultures that have dominated the island throughout history.*

*For work I moved to Rome and then to Bologna, both cities with very strong culinary traditions that immediately seduced me with new ingredients and new specialties.*

*My passion in the kitchen has always been desserts, because as a Sicilian I am very greedy and I never end a meal without dessert...*

*Thanks to my experience in Bologna, home of ragù and fresh egg pasta, I became passionate about preparing fresh pasta: tagliatelle, ravioli, gnocchi and lasagne... and if today I know how to prepare them, I have to thank all my friends with whom we have shared hours and hours in the kitchen exchanging the secrets of our recipes...*

*When I met Alessandro, having fun in the kitchen turned into a true obsession and the shared passion for cooking and good food made us experiment with new dishes and then share them with our friends.*

*Today I live in Crete, which reminds me a lot of my Sicily... "One face, one race", they say here, to remind us of the affinities between our lands... And actually the local ingredients, the vegetables, the meat, all the herbs of the Mediterranean are common ingredients in our kitchens, but at the same time they are often prepared in different ways and it fascinates me not only to compare our dishes but also to let them discover the flavors of Sicilian cuisine!*